



PROGRESSIO

Progressio annual review 2013

Champions of change

# Change starts here

Progressio supports poor and marginalised people, especially women, to empower themselves

## We do this by

- providing training and support to local partner organisations in developing countries
- building the practical skills that enable people to tackle the problems they face
- passing on the advocacy skills that enable people to stand up for their rights
- working alongside local partner organisations to help people tackle poverty and stand up against the unfair power structures that keep them poor
- bringing their voice – backed up by our UK supporters and campaigners – to the attention of international decision-makers in order to challenge unjust international policies
- supporting poor and marginalised people, especially women, to be the ‘champions of change’.

**This is Progressio's people powered development** ↗

## People's rights



**We listen to what poor and marginalised people, especially women, tell us needs to change**



## Capacity building



Our development workers and volunteers build the capacity of local organisations so that they can work effectively alongside local people and communities to tackle poverty



## Champions of change



Our training and support enables people to stand up for their rights and do what's needed to improve their own lives



## Making change happen



Poor and marginalised people, especially women, gain power over their lives and the ability to overcome the barriers that keep them poor

Women, who make up the majority of people in poverty, are at the heart of our work to strengthen the ability of poor and marginalised people to demand their rights



**"**We want our rights, we are being cheated." So says Paulina Mpofu, from the rural community of Kenilworth, in Zimbabwe. Despite their key role as breadwinners, farmers, and carers, women in Zimbabwe remain marginalised.

As Paulina says, "We do not have a voice." But Progressio is helping women in Zimbabwe find their voice. Paulina is now a respected HIV worker, thanks to training provided with Progressio's support. And in our Action for Better Governance project, with partner organisation the Catholic Commission for Justice and Peace, we're providing advocacy training for women at the grassroots level. Nomai Muleya said: "We used to push the men to be in front of us. But now we go out there and communicate with other people."

**Thanks to the training, women are using their voice to bring positive change in their communities.** As Jane Munenge said: "We have seen change, and we urge women to work with other women and men to help develop their society."

**"No matter how hard the challenges are, things are not always the same, they might change. There is advocacy, there is lobbying and there is knowledge around. Don't give up."**

**– Eunice Mwinde**





Eunice Mwinde (above right), one of the women in Binga, Zimbabwe, who has received advocacy training through our Action for Better Governance project and with her community is working to install a bridge over a local river, helping the community access medical facilities in flood conditions

We support poor and marginalised people, especially women, to organise themselves so that they can tackle the problems they face



“I want to continue to support other families in the community, and promote food security and nutrition to improve the welfare of the whole community,”

says Elena Tusen. Elena is a small-scale farmer working with our food security

project in the impoverished northern border area of

Haiti and the Dominican Republic. The project supports

farmers like Elena to grow more and earn more, and to

pass on techniques and knowledge to others in their

communities. Belcis Leclerc, from the community of

Partido, says: **“I’m grateful for all the knowledge**

**on food security, diversification in the family**

**diet and how to produce nutritious crops in our**

**home gardens.”** Following training from Progressio

development worker Karina Cuba, Belcis and other members of the Mothers’ Club

of Partido provide nutritional advice and guidance to vulnerable families. Another

food security ‘promoter’, Milagros Gomez, says: “It’s so important to continue this

work to support rural women’s associations, which receive little support and are

usually excluded or marginalised.”

**“I want to encourage more people  
to organise and help improve  
welfare in the community for  
all families”**

– Amada Bernal



Amada Bernal (left) and Quisqueya Proud-Homme (right), members of the Mothers' Club in Partido, Dominican Republic, with Progressio development worker Karina Cuba (centre). The Mothers' Club helps other local women to set up small family gardens, as well as train and equip people to raise chickens and install eco-kitchens

Through our work, poor and marginalised people, especially women, gain the power to take a leading role in achieving change



“Most Yemeni women are not willing to work outside the home,” says Hanan Omar, head of Half of Society, a Progressio partner organisation in Hodeidah, Yemen. But with training from Progressio development workers, women are starting to speak out against discrimination.

Wearing the pink sash which distinguishes them as **‘women champions’, they go out into the communities to discuss issues such as violence against women, and promote women’s participation in local development.**

Salimah Ahmed, from Al Marawa district, says: “Many women in my area are refused participation in all fields of life. But I believe that, as a woman, I can make important contributions to my society.” Fatima Fetiny, from Al Hali district, says: “It is my pleasure to struggle to change people’s perceptions, so that women are not just considered as a piece of furniture.” As Hanan Omar says: “We need to change the negative attitudes towards women that they are not only wives, mothers or sisters, but also partners in the development process.”

**“I have a wonderful feeling that I have been trusted and supported by sisters of my district to defend their rights”**

**– Fatima Fetiny**





'Women champions' with Progressio development workers Prachanda Shrestha, Radhika Shrestha and Joseph Aloo. The 'women champions' support women to speak out against gender-based violence and push for active engagement in local development

We support poor and marginalised people, especially women, to challenge unjust policies and structures and so achieve change that lasts



“We need to strengthen our efforts in fighting violence against women,” says Yasinta Lujina, director of Progressio partner organisation Rede Feto in Timor-Leste. Progressio has worked alongside Rede Feto for many years, helping the women’s network build itself into a powerful voice for women’s rights. **The country’s law prohibiting domestic violence “was the result of the strong advocacy work of Rede Feto,”** says Yasinta. Now the network is focusing on making the law known and getting it enforced. Domingas Telman, based in the northern town of Baucau, is one of the women doing this work, with capacity-building support from our development worker Victor Owuor. As well as running a safe house, Domingas campaigns to raise awareness about domestic violence. “We need to prevent the cycle of violence,” she says. “We counsel the women, but we also counsel the men, and most importantly, the communities. The laws are important but to really make a difference we need to change behaviour and attitudes.”

**“Now that we have proved we can govern ourselves, I know that things must start to improve”**

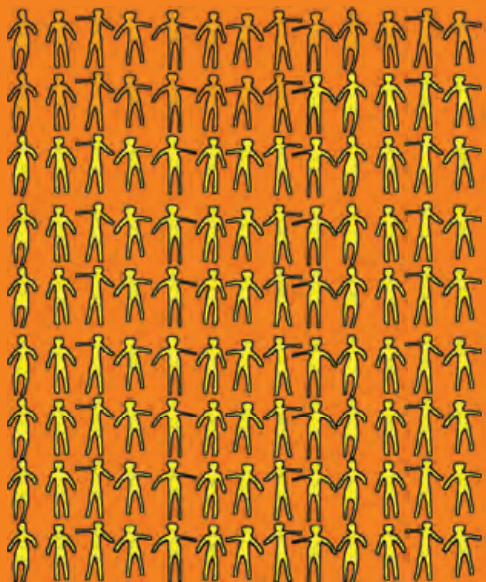
– Rosa dos Santos



Rosa dos Santos and her grand-daughter in Estada, Timor-Leste. Together with her local women's group, Rosa has been supported by a Progressio development worker to buy sewing machines to make a better living for her and her family through tailoring



## Making change happen



117

development workers

- 21 from global North
- 96 from global South
- 33 nationalities
- 48 women
- 69 men

4,459

people took a **campaign action**,  
went to an event, or took a  
solidarity action

141,000

people visited our **website**



315

young adult ICS volunteers

- 198 UK volunteers
- 117 national volunteers
- 199 women
- 116 men



480

in-country **partner organisations** whose  
capacity, skills and  
effectiveness we improved





# 35,925



**people** in partner organisations or communities who received training or participated in capacity building workshops

# 2,290

Progressio's work on **sustainable environment** has directly benefited 2,290 people – through training in sustainable farming, resource management, and income generation

# 19,901

Progressio's work building **participation and effective governance** has directly benefited 19,901 people – people within partner organisations who have been supported, coached or received specialised training, and people from communities who participated in training or capacity building workshops

# 1,000,000

More than a million people have indirectly benefited from our work – through learning from people we have trained; through changes and improvements brought about by people we have trained; through support for greater participation in decision-making; and through policy change achieved by people we have trained, by our UK-based campaigners, and by the work of our international policy staff.



# 13,734

Progressio's work on **HIV and AIDS** has directly benefited 13,734 people – through prevention, care and treatment support, awareness raising, and the reduction of stigma



Includes all interventions across two separate reporting periods. Some people benefiting from an intervention in both periods may be counted twice.

# Where we work

number of  
development  
workers in  
place on 31  
March 2013



number of ICS  
volunteers  
who completed  
a 10-week  
placement  
during the year  
2012/13



Development workers share  
their skills with local partners  
and communities to bring  
lasting change.

International Citizen Service  
(ICS) is a UK government  
funded development  
programme that brings  
together young people aged  
18-25 to make a difference  
in some of the poorest  
communities around the world.

**Hispaniola (Dominican  
Republic & Haiti)**

13



**Central America**

**El Salvador**

79



**Honduras**

3



29



**Nicaragua**

2



44



**Peru**

2



**Timor-Leste**

11



**Somaliland**

10



**Yemen**

12



**Malawi**

1



89



**Zambia**

1



**Zimbabwe**

13



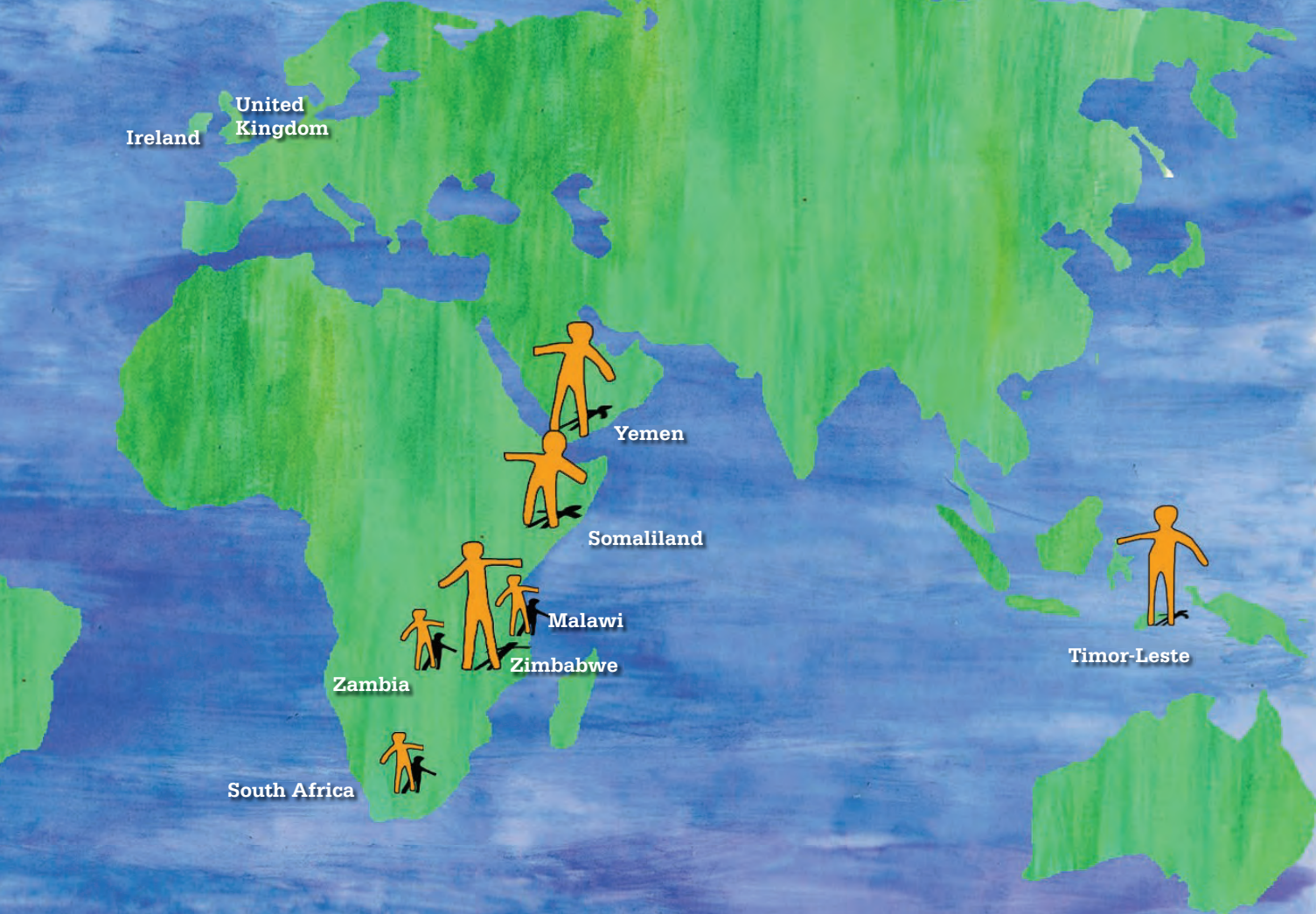
74



**South Africa**

1







All our work aims to build the ability of people and civil society organisations to participate fully in their own development, and to have a greater influence on decisions and policies that affect their lives. Here are just a few examples of effective participation for change.

- Community leaders in four indigenous territories in Nicaragua supported through training and workshops to create local development plans.
- 27 leaders from the Maya Chorti indigenous group in Honduras trained as Human Rights Defenders.
- 160 people in five districts of Somaliland trained in representing the interests of marginalised groups in local government planning and budgeting processes.
- 10 parishes in Zimbabwe setting up community advocacy and lobbying committees – successful advocacy initiatives include communities in Chiwamba village gaining access to water from a nearby dam, and improvements in refuse collection in Mkoba township in Gweru after lobbying of the local MP.
- 366 community leaders and members of civil society organisations in Independencia and Elias Piña in the Dominican Republic trained in participatory municipal budgeting and planning processes – and going on to act as trainers of other leaders in their area.
- 140 women standing for election in Somaliland (compared to five women candidates in the previous elections) – thanks to the advocacy and mobilisation work of our partner organisations NAGAAD and SONYO.
- Increased civil society scrutiny of government rural development policies in Timor-Leste, through training and support for our partner organisation the Mata Dalan Institute.
- Increased visibility and profile for civil society organisations in Haiti – through our advocacy work including our report on decentralisation, *Thinking local in Haiti*.





Kate Stanworth/Progressio

Our report *Preparing for local elections in Somaliland* contained recommendations to strengthen the electoral process, and we played a key role in coordinating a team of international election observers at the November 2012 local elections

Effective participation for change means people standing up for themselves and achieving their aims – such as people with HIV taking the lead in tackling stigma and discrimination, and farmers and rural communities taking the lead in building a sustainable environment

- People with HIV trained as volunteer counsellors by our IPTCS (Integrated Prevention Treatment Care and Support) project in Somaliland with partner organisation Talowadag.
- Organisations of people living with HIV in Nicaragua, with capacity building and advocacy support from Progressio, campaigning for the rights of people with HIV.
- Peer educators in Zimbabwe raising awareness among groups vulnerable to HIV including truck drivers, commercial sex workers and prisoners.
- Associations of people living with HIV in Yemen holding workshops with health workers and school administrators aimed at reducing stigma and discrimination.
- Faith communities empowered to take a proactive role in responding to HIV in Malawi and Zimbabwe.
- Five Forestry Community Consultation Committees set up under our project 'Combating illegal logging and deforestation in Honduras'.
- People living near water sources serving Lima, Peru, helping to create 'a new water culture' and promote investment in conservation through the work of our partner organisation Aquafondo.
- 15 Farmer Field Schools set up in Zimbabwe to enable farmers to be trained as a team in conservation farming, product development and marketing, and learn and share ideas in their communities.
- 13 villages in Salima district, Malawi, supported to set up Village Natural Resources Management Committees and trained on how to establish tree nurseries and develop community forest plantations.





Smallholder farmers in the northern border area of Haiti, including the community of Gens de Nantes (above), are generating more income from their agricultural produce thanks to training in agro-ecological farming techniques

We make sure that poor and marginalised people are able to take the lead in calling for change – that's people powered development



"I was struck by the clarity of the people's vision for the future and the strength of their desire to achieve it," says Andrew Griffiths, a Progressio ICS volunteer working in the communities of Katengeza and Phalazi in Malawi. "It is obvious that poverty does exist, but they have no doubts about wanting to develop their ability to meet these needs." That includes the ability to speak up, and to have their voice heard – locally, nationally and internationally. That's why we base our international advocacy on the voices of the people and communities we work with – backed up by the voices of our UK supporters. Ahead of the 2012 Rio+20 summit, our supporters delivered a photo petition and hundreds of postcards to the UK government – and following our efforts, **the Rio+20 declaration recognised the essential role of water in sustainable development.** It's just one step in a long-term process: but it shows that from the grassroots to the policy level, with Progressio's support, people are gaining the power to be the 'champions of change'.

**"By 2018, we want to have: self-reliance, food security, good education, good houses, healthy people, enough livestock, good modes of transportation, safe drinking water; and be practising family planning and conserving natural resources"**

– 'Vision statement' written by the people of Katengeza, Malawi





ICS volunteers Jessie O'Keefe and Jenny Vaughan with young people in the village of Phalazi, Malawi, and their vision map detailing the changes they will work towards over the next five years

# 6,072,832

**Our income for 2012/13 was £6,072,832**

Funding source	Percentage of total
UK Department for International Development	33%
Voluntary Service Overseas	24%
European Union	9%
Supporter donations	6%
Big Lottery Fund	3%
British Embassy Small Grants Scheme	3%
Comic Relief	3%
International Citizen Service voluntary contributions	3%
Ford Foundation	2%
Global Fund to fight AIDS, Tuberculosis and Malaria	2%
United Nations Office for the Coordination of Humanitarian Affairs	2%

**The following also donated more than £20,000 in the year 2012/13:**

CAFOD, Christian Aid, Development and Peace (Canadian International Development Agency), International Republican Institute (IRI), Irish Aid, NAGAAD, United Nations Democracy Fund, United Nations Development Programme ART GOLD (Governance and Local Development), United Nations Population Fund

**Major funders include:**



**Thank you**

**The following agencies and individuals donated more than £1,000 in the year 2012/13:**

Asia Pacific Network, Ayuntamiento De Comendador, P J Black, Fr Ray Collier, Daughters of Jesus, Digicel, Diocese of Plymouth, Dublin City Council, Electric Aid, Martin McEnery, Fedomu, Franciscan Friary, Fundasaun Timor Hari, Prof Mary Grey, Margaret Guye, Ann Harrison, International Humanist Institute for Cooperation with Developing Countries (HIVOS), Kulika Charitable Trust, Rt Rev Vincent Malone, Muslim Aid, Annette O'Gorman, Restless Development, Sisters of St Joseph of the Apparition, Society of the Sacred Heart, Somaliland Women Lawyers Association, Bishop Taylor, Tearfund, Unicef, Vodafone Foundation, Margaret Williams

**We are extremely grateful to the many individuals, agencies, trusts and other organisations whose donations make our work possible**

# 5,729,111

Our expenditure for 2012/13 was £5,729,111



## Expenditure by activity

Fundraising and publicity	6%
Communications	2%
Governance	1%
Programmes and policy*	91%

\*This includes management, monitoring, evaluation and learning, finance, recruitment, human resources and administration which are essential components for delivering effective on-the-ground programmes, as well as our policy and campaigning work.



## Expenditure on programmes

Africa	44%
Malawi, Somaliland, South Africa, Zambia, Zimbabwe	
Middle East	15%
Yemen	
Central America	23%
El Salvador, Honduras, Nicaragua	
Asia	7%
Timor-Leste	
Caribbean	11%
Dominican Republic, Haiti	

(Expenditure on Peru was less than 1%)



## Expenditure by theme

Participation and effective governance	51%
HIV and AIDS	25%
Sustainable environment	24%

Progressio is the working name of the Catholic Institute for International Relations which is registered in the UK as a charity (number 294329) and a company limited by guarantee (number 2002500). We are governed by a Board of Trustees who are also directors of the company. Details of trustees and staff, and full financial statements audited by the independent auditors Appleby & Wood, are included in our 2012/13 Trustees' Report and Financial Statements which are available on request from Progressio or can be downloaded from our website [www.progressio.org.uk](http://www.progressio.org.uk)

# Be a champion of change

Give poor and marginalised people your long-term support by donating by direct debit to Progressio. Regular donations are a brilliant way to demonstrate your solidarity with our partners across the world, and the people and communities whose lives they help to change. By donating regularly, you will enable Progressio to give the long-term support to the people we work with that really makes a difference. Thank you.

**I would like to give a regular gift by direct debit of**

☐ £10 ☐ £20 ☐ £50

☐ £ \_\_\_\_\_

every month beginning on

/  /

(please fill in month and year)  
or just after this date

## Direct Debit mandate

**Name(s) of Account Holder(s)**

**Please print your name** (if different from above)

**Bank or Building Society account number**

**Sort code**

  /   /  

**To: The Manager**

**Name and postal address of your Bank or Building Society**




**Instruction to your Bank or Building Society:**

Please pay Progressio direct debits from the account detailed on this instruction subject to safeguards assured by the Direct Debit Guarantee. *Banks and Building Societies may not accept Direct Debit instructions for some types of account.*

Originator's Identification Number

## Your details

**Name**

**Address**




**Signature**

**Date**

  /   /  

Are you a UK taxpayer? If so, every £1 you give could be worth an extra 25p, at no extra cost to you. All you need to do is tick this box.

☐ I would like Progressio to reclaim the tax on this donation, and on any donation I have made in the last four years, or make in the future.

**Direct Debit Guarantee:** We will send you a copy of the Direct Debit Guarantee and confirm your details as soon as we receive your Direct Debit mandate.



**Please return this form to: Progressio, Units 9-12, The Stableyard, Broomgrove Road, London SW9 9TL**