

Progressio is an international development charity supporting poor and marginalised people, especially women, to empower themselves.

Progressio doesn't impose solutions.

- We listen to poor and marginalised people who understand their own communities and know what needs to change.
- We work alongside local organisations to make this change happen.
- Our expert development workers share skills and knowledge with local people to ensure that our impact is felt long after we leave.

To us, success is local people empowering themselves to overcome the obstacles that keep their communities poor.



Progressio works in nine countries around the world: Zimbabwe, Malawi, El Salvador, Honduras, Nicaragua, Somaliland, Yemen, Dominican Republic and Haiti.



76% of households in Zimbabwe rely on children and women to collect their water.

Rebecca Masimbira has lived in Wedza, rural Zimbabwe for nearly 40 years with her husband and five children. She says 'famine is a problem here. The biggest issue is a lack of water. We depend on rainfall to grow our crops so if the rains don't come we cannot grow anything. And so we go hungry.'

In 76% of households in Zimbabwe it is children and women like Rebecca who collect the water. They often have to walk long distances which stops them from going to school or earning a living, trapping them in poverty.

Progressio sent development worker Philemon Handinahama, an advocacy specialist, to the Chinhoyi Diocese. Philemon helped our local partner, the Zimbabwe Catholic Commission for Justice and Peace (CCJPZ), to set up and train Parish Groups across the diocese to advocate on local issues.

These groups persuaded the authorities to repair 120 boreholes, giving 80,000 people access to clean water, transforming the community allowing children to go to school, women to earn a living and farmers to grow more crops.

Orphans and vulnerable children at the Covenant Fellowship Church, one of the many churches being supported by Philemon Handinahama. Credit: Macpherson Photography.

How can you help?

All are invited to give generously. No-one is asked to give more than they can afford and every gift is valued.

So how much should you give? That is entirely up to you. A few thoughts though...

- Regular gifts allow us to plan further into the future, so we can make an even larger impact on the communities we work alongside.
- Taking out a direct debit means that you can afford to give more than you might have thought.
- Start at the top of the table and work your way down to the level that is right for you.

Payment by monthly direct debit	Annual worth with Gift Aid
£1,000	£15,000
£500	£7,500
£250	£3,750
£100	£1,500
£50	£750
£25	£375
£10	£150
£5	£75

If a direct debit is not for you we welcome single gifts.

Make your gift achieve even more at no extra cost

giftaid it

If you are a taxpayer you can make every £1 you give worth £1.25. Please make a gift aid declaration on the form on the back of this leaflet.

If you are a higher rate tax payer you can claim the difference between basic and higher rate tax in your tax return.



Cardinal Cormac Murphy-O'Connor, Progressio President, speaking at 75th Anniversary Service at the Temple Church.



'Blessed are those who hunger and thirst for righteousness, they shall have their fill. Those words of the Gospel, uttered by Jesus Christ, quite often haunt me as I think of what little I have done to truly promote justice in our world today and I suppose that applies to all of us who are here this afternoon.

Are we blessed with the desire to spread justice in any way we can? More and more, as I get older, I think my God, the God of Jesus Christ, was, is and always will be the God of the poor, of the oppressed, those who mourn and suffer.'

- Cardinal Cormac Murphy-O'Connor, Progressio President.



Bishop Declan Lang, Clifton

"I am hosting a ZimFare meal myself to act in solidarity with people living in poverty in Zimbabwe. This is an important cause and I very much hope you will be willing to support it. Your support could make a significant difference, not just because of the funds raised, but because it will give hope to people who most need it."

Originator's Identification number 982514

Support Progressio

Print name:
Address:
Inc. postcode
Email:
 Please send me updates about Progressio's work

I would like to give regularly:

Amount: £
 Monthly Quarterly Annually
Starting on the 1st of..
Bank name:
Account no.:
Sort code:
Instruction to your bank or building society to pay by direct debit: Please pay Progressio Direct Debits from the account detailed in this instruction, subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Progressio and, if so, details will be passed electronically to my Bank/Building Society.
Signed:
Date:

I would like to make a single gift:

£10 £25 £50 or £
 I enclose a cheque made payable to Progressio
Card type: Visa Mastercard
 Delta CAF
Card no.:
Expiry Date:
Signed:
Date:

Gift Aid

I am a UK taxpayer and understand that if I pay less Income Tax and/ or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. I want Progressio to Gift Aid this donation and any donations I make in the future or have made in the past 4 years.

Donate online at: progressio.org.uk/donate

Please return this form to: Progressio, Units 9-12, The Stableyard, Broomgrove Rd, London SW9 9TL



Thank you for coming to ZimFare

We hope you enjoy the meal, which has been produced cheaply, based on recipes from our partners in Zimbabwe.



The Progressio Prayer

"Creator God, you have given all peoples one common origin, and your will is to gather them as one human family in yourself. Fill the hearts of all people with the fire of love and the desire to ensure justice for all their sisters and brothers. By sharing the good things you give us in creation, may we secure justice and equality for every human being, an end to all division and a society built on love and peace.

This we ask through Christ our Lord."

