



**Serious
about making
a difference?
So are we.**

Introducing a new international
volunteering opportunity for
18-22 year olds.



Your chance to make a real difference to the world we live in

International Citizen Service (ICS) is a global volunteering experience which supports young people from all backgrounds to make a real difference to some of the world's poorest people. This new initiative, launched by the Prime Minister and funded by the Department for International Development (DFID), will give thousands of 18 – 22 year olds across the UK the chance to serve in the fight against global poverty. Places are also available for some team leaders who will mentor the other volunteers and contribute their skills and experience.

Applications for the pilot first year of ICS are now open and the first volunteers will go overseas from June 2011. Placements will be available for 1,080 18 – 22 year olds and 170 team leaders (23 years +) in the pilot phase in 2011/12.

The scheme is open to everyone, but those who can afford to contribute will be asked to pay for part of the costs of their volunteer placements overseas, while those with lower incomes will be able to go for free.

What will you get out of it?

This is a once in a lifetime opportunity to learn new skills and fight global poverty. ICS has been designed to increase your understanding and experience of the world and provide opportunities to learn how you can help the world's poorest people as a global citizen. It will also help you develop important skills such as team-working, communication and decision-making, and increase your confidence: really important skills and attributes for finding a job and building your future.

When you return to the UK, you will be helped and encouraged to continue fighting global poverty, eg. through campaigning or through other volunteering opportunities, and to share what you've learnt with others.

What will you do?

You will spend three months volunteering on a project in a developing country, making a real difference to the lives of some of the world's poorest people. Each project is designed to bring about lasting change for very poor communities, and as a volunteer with ICS, you will get the opportunity to contribute directly to this change.

ICS volunteers will work in groups on projects run by local development organisations and in some placements will work alongside young local volunteers.

DFID will work with the specialist volunteering development agencies to pilot the scheme in the first year. Although all ICS volunteer placements will have common elements, each of the agencies will work in different ways and provide different opportunities for volunteers.





Common for all programmes

- **Approach:** All the programmes are being run by well established volunteering agencies with a strong commitment to helping the world's poorest people. As such they have been carefully designed to ensure maximum impact for those you will be working with and their communities, as well as on your own development.
- **Timeframe:** All programmes will accept applications from March 2011 and all volunteers will go overseas, usually for 12 weeks, departing sometime between June 2011 and April 2012.
- **Application & Selection:** All programmes will work to a common application and selection process to ensure everyone gets an equal opportunity to participate.
- **Training & Learning:** Training and learning is an integral part of the programme and as such there will be many learning opportunities including a training event to educate you on development issues and prepare you for going overseas and working in another culture, as well as a return event where you can reflect on what you've learnt and plan how to make the most of your experience. All programmes will also include ongoing learning opportunities while you are on your overseas placement.
- **Certification:** You will receive a certificate to mark your achievements when you return to the UK.

Choosing a programme

You will need to choose the programme that you are most interested in when you apply for ICS. To make this as easy as possible we have included a table showing the main parts of each programme, so you can compare your options, and make a decision. The programmes mainly vary in the countries they work in, the types of issues your placement will cover, and the types of activities you will do. The size of groups and dates the programmes are available may also affect your choice. If you are unsure and need more information, just visit the agency websites or contact ICS directly.

How can you apply?

First, choose which programme you think suits you best. Then visit the agency's website to find out more information about your chosen programme. When you're ready to apply you can do it through their website.

If you're still unsure on which programme you want to apply for or you want to find out more, visit www.dfid.gov.uk/ics or find us on www.facebook.com/ics.

If you have any questions about ICS, call **0208 780 7400** or email **Enquiry@ics-uk.org.uk**

Agency websites

International Service

www.internationalservice.org.uk/work_with_us

Progressio Empower

www.progressio.org.uk/empower

Restless Development

www.restlessdevelopment.org/volunteer-ics

Skillshare International

www.skillshare.org/ICS

THET

www.thet.org/ICS

VSO Global Xchange

www.globalxchange.org.uk



AGENCY PROGRAMMES

	International Service	Progressio	Restless Development	Skillshare International	THET	VSO
Programme Length	12 weeks	10 weeks	12 weeks	12 weeks; 6-12 months for leaders	10-12 Weeks	Youth Xchange - 24 weeks (12 in developing country & 12 in UK); Youth Action - 12 weeks in developing country
Programme Dates	June 2011 to April 2012	July 2011; Oct 2011; Jan 2012	July 2011; Sep 2011; Oct 2011; Dec 2011; Jan 2012; March 2012	June 2011; Sep 2011; Jan 2012; April 2012	June-July 2011	July 2011; Oct 2011; Jan 2012; Apr 2012
Programme Countries	Brazil, Bolivia, Burkina Faso, Mali, occupied Palestinian territory	Malawi, Peru, El Salvador	India, Nepal, South Africa, Zambia, Uganda, Sierra Leone	India, Botswana, Lesotho, South Africa, Swaziland, Tanzania	Zimbabwe, Zambia, Sierra Leone, Tanzania	Kenya, Ethiopia, Nigeria, Sierra Leone, Mozambique, Namibia, Zambia, Bangladesh, India, Nepal, Philippines, Sri Lanka
Type of Groups	Groups of 5 UK volunteers with a team leader	Groups of about 6 UK volunteers with a team leader	In pairs or small groups of UK volunteers and young volunteers from the host country	Groups of 4 UK volunteers with a team leader	Groups of 3-7 UK volunteers, including a team leader	In small or large groups of UK volunteers and young volunteers from the host country (group sizes 5 to 10 UK, 5 to 10 host country)
Programme Themes	Education & training; sustainable income generation; special focus on rights of children & young people, women, disabled people, and people living with HIV & AIDS.	Community; education; health; environment	Sexual & reproductive health (specifically HIV); sustainable living and income generation; youth leadership	HIV & AIDS; supporting vulnerable children; small business development	Health worker education; health system strengthening; sexual and reproductive health awareness	HIV & AIDS; youth leadership & participation; sustainable income generation; education; health; disability; peace building; climate change
Programme Tasks (18-22 yr olds)	Helping small businesses reach more customers eg. through creating websites; supporting the development of sustainable farming projects; running awareness campaigns; helping develop inclusive activities for young people	Raising awareness on HIV and climate change; working with farmers on sustainable agriculture; training young people to use IT and other media; supporting teachers and youth leaders to educate others; organising talks and events to support disadvantaged groups	Establishing community resource centres; designing and running awareness campaigns; holding workshops and events; doing community research; helping make organisations more effective; educating other young people	Using sport and other activities to build life skills and raise awareness of HIV and substance abuse; helping people support themselves through profitable business development; mentoring young people	Developing & delivering health worker training; health-related research; helping increase the effectiveness of health programmes; running sexual & reproductive health awareness workshops	Conducting youth and community research; helping set up youth clubs to involve young people in the community; creating events and campaigns to bring about change; educating other young people on HIV/sexual health
Leader Roles (23+)	Team Leaders; Project Managers	Team Leaders; Skilled Specialists	Team Leaders; Skilled Specialists	Team Leaders; Skilled Specialists; Project Managers	Team Leaders; Skilled Specialists	Not available
Additional Information	International Service specialises in recruiting from the Yorkshire & Humber region	Progressio's programme enables volunteers to reflect on the role faith plays in development, and provides an opportunity for inter-faith initiatives.	Restless Development is a youth-led development agency. All volunteers will receive extensive training on key themes and will be partnered with local youth volunteers.	Skillshare International specialises in recruiting volunteers from the Midlands	THET's programme is a special pilot with King's Health Partners' students and graduates	Global Xchange focuses on a true learning exchange between young people in the UK and developing countries, through 2 programmes: Youth Xchange and Youth Action.